



Are you a Caregiver to someone living in Long Term Care, a Retirement Home or caring for your loved one at home??

Are you experiencing Caregiver Stress & Guilt??

Then, please join us on

Saturday, Nov. 5th from 2:30 - 3:30pm

@ Cassellholme LTC Home, on Olive St. North Bay

for a special *Information Session!*

North Bay & Area Family Councils, in partnership with Karen Boyer Coordinator, Muskoka Network for the Prevention of Elder Abuse and, Community Development Coordinator North Parkinson Society Central & Northern Ontario, will be holding this important Information Session on Caregiver Stress & Guilt.

Mrs. Boyer also writes a caregiver column for the Muskoka Weekender.



This is a wonderful opportunity for families/friends in our community to come out for support, resources and a chance to connect with others experiencing what you are going through!

Support
Support

Encouragement

Refreshments Provided!



Resources

For more information or assistance to attend, please contact

Shirley L Robinson

(Volunteer Family Council Facilitator & Chair, of Leisureworld Family Council)

@ 705-474-8017 (evenings) 705-472-5502 (days)

or at shirleyrobinson@hotmail.com