

Home-related – Triggered

Home Name:

Inspection Number:

(hard copy use only)

Date:

Inspector ID:

Definition / Description

Outcomes of safe positioning and assistance with eating during snacks may include (but are not limited to):

- Resident eats with minimal risk for aspiration and choking
- Resident eats independently or progresses toward independent eating if possible
- Resident maintains 90° angle at hips, knees, and ankles
- Resident maintains head in upright position with chin tipped forward
- Resident maintains stability of trunk
- Resident does not slip forward, lean sideways, or lean back in the chair
- Resident's feet are supported solidly on the floor or footrest
- Resident will have eye contact with the person providing assistance who is seated at the same level
- Resident's needs are anticipated.

(Nutrition Management & Restorative Dining for Older Adults, ADA, 2001)

Use

This IP is a home-related triggered task used to review snack service (morning, afternoon or evening) during the annual inspection of the LTC home.

The inspector may also select and complete this IP when a concern(s) related to snack service is raised while conducting any type of inspection.

The inspection focuses on the licensee's obligations to ensure:

- That there is an organized program of hydration to meet the needs of residents
- Residents are offered a between-meal beverage
- Residents are offered a minimum of a snack in the afternoon and evening
- Residents are offered staff assistance as needed.

Procedure

Each section within this IP contains statements that provide guidance to the inspector in the collection of information during an inspection and may not be applicable in every situation. The information collected will be used to determine whether a home is in compliance with the LTCHA.

During the Annual Inspection:

1. Assigned inspector(s) will open and complete the triggered task, using one (1) IP only.
2. All questions must be completed, unless not applicable.

3. The inspector must document evidence to support non-compliance in the 'Notes' section when answering 'No'.

Note: If concerns are identified related to the provision of nutritional care for a sampled resident, the inspector will select the Nutrition and Hydration IP for further inspection.

PART A: Snack Service

Resident/Substitute Decision-Maker Interview

Interview residents and family members, if available, to:

- Confirm or validate observations
- Determine whether residents are offered a between-meal beverage in the morning and afternoon and a beverage in the evening after dinner
- Determine whether residents are offered a snack in the afternoon and evening
- Determine whether assistance is provided with food and beverages, if needed.

Information Gathering

Resident / SDM Interview

Notes

Staff Interviews

Conduct staff interviews to determine:

- Who is responsible for delivering snacks and beverages between meals
- How staff are aware of the residents' diets, special needs and preferences.

Information Gathering

Staff Interviews

Notes

Observations / Provision of Care

Observe whether staff members:

- Are speaking with residents politely and respectfully
- Position residents safely while eating or drinking
- Encourage residents to consume both food and beverages (in afternoon and evening)
- Assist residents with food and beverages as needed
- Are aware of the residents' diets, special needs and preferences.

Information Gathering

			Observations / Provision of Care	
Notes				

No.	Yes	No	N/A	Question	Act/Reg.
1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Is there a process to ensure that food service workers and other staff assisting residents are aware of the residents' diets, special needs and preferences?	r. 73 (1) 5
Notes					

No.	Yes	No	N/A	Question	Act/Reg.
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are residents offered a minimum of a between-meal beverage in the morning and afternoon and a beverage in the evening after dinner?	r. 71 (3) (b)
Notes					

No.	Yes	No	N/A	Question	Act/Reg.
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are residents offered a minimum of a snack in the afternoon and evening?	r. 71 (3) (c)
Notes					

No.	Yes	No	N/A	Question	Act/Reg.
4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are the planned menu items offered and available at each snack?	r. 71 (4)
Notes					

No.	Yes	No	N/A	Question	Act/Reg.
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are residents monitored during snacks?	r. 73 (1) 4
Notes					

No.	Yes	No	N/A	Question	Act/Reg.
6.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are residents provided with any eating aids, assistive devices and personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible?	r. 73 (1) 9
Notes					

No.	Yes	No	N/A	Question	Act/Reg.
7.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are proper techniques used to assist residents with eating, including safe positioning of residents who require assistance?	r. 73 (1) 10

Notes	
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No.	Yes	No	N/A	Question	Act/Reg.
8.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are food and fluids served at a temperature that is both safe and palatable to the residents?	r. 73 (1) 6

Notes	
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No.	Yes	No	N/A	Question	Act/Reg.
9.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Is sufficient time provided for residents to eat at their own pace?	r. 73 (1) 7

Notes	
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No.	Yes	No	N/A	Question	Act/Reg.
10.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Has the licensee fully respected and promoted each resident's right to be treated with courtesy and respect and in a way that fully recognizes his or her individuality and respects his or her dignity?	s. 3 (1) 1

Notes	
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Based on information collected during the inspection process, the inspector may determine the need to select and further inspect other related care/services areas. When this occurs, the inspector will document reason(s) for further inspection in Ad Hoc Notes, select and complete other relevant IPs related to Snack Observation, for example:

- Accommodation Services – Housekeeping
- Accommodation Services – Maintenance
- Critical Incident Response
- Dining Observation
- Food Quality
- Infection Prevention and Control
- Nutrition and Hydration
- Personal Support Services
- Quality Improvement
- Reporting and Complaints
- Safe and Secure Home
- Skin and Wound Care
- Sufficient Staffing
- Training and Orientation